

**Newsletter May 2025**

Dear parents and students,

I hope everyone enjoyed a lovely bank holiday weekend.

#### Saturday grading course for all students

There will be a special grading course on **Saturday 17th May** to be heldat New Milton Health & Leisure Centre, (Gore Road, New Milton. BH25 6RR)

This course will be aimed at perfecting the new kata for your next belt (or tag)

White & Red belts: - 10.00am – 11.00am

Yellow and Orange tag: - 11.00am – 12.00pm

Orange belt to blue tag. - 12.00pm – 1.00pm

Blue belt and above. - 1.00pm - 2.00pm

### Advanced Course

There will be an advanced course **on Sunday 18th May** for students’ blue belt and above plus squad members to be held at New Milton Health and Leisure Centre. (Gore road, BH25 6RR). This course will cover some exciting, advanced work including advanced Kata, knife defences and advanced kicks.

**Time:** 10.00am – 12.00pm **Cost:** £18.0**0**

Please make payment to the SEKF – Account: 03807886 - Sort Code: 20-96-96

**If you would like further private tuition** in preparation for the next grading in July, please do not hesitate to organise a date/time with Sensei Danny.

**Sensei Collin -**  07966 303 585 **Sensei Danny** - 07813 329 710

[collinrudkin@gmail.com](mailto:collinrudkin@gmail.com) [www.sekf.co.uk](http://www.sekf.co.uk)