 

**Newsletter**

**April 2019**

**I would like to congratulate** Ethan Stonton, James Arnold and Carla Rudkin-Guillen for their recent success at the CaesarAugusta International Open in Zaragoza, Spain.

Please see article on our website at [www.sekf.co.uk](http://www.sekf.co.uk)

**Well done** to all the students who recently graded and thank you to the instructors, mentors and parents who helped the day run smoothly.

**I am so excited that Wayne Otto OBE, Nine Times World Champion** is running a kumite course for the SEKF students. Please hand your forms back ASAP to reserve your place.

**The SEKF Easter Camp** starts on **Monday 8th April,** offering an array of exciting karate and games, including learning sweeps, spinning kicks and playing bulldog and dodge ball. Forms are due back by Friday 5th April.

**The Easter club time changes** are now on the website at the bottom of the Homepage. Also, please note there will be no classes running on Mon 6th May due to the bank holiday.

### Saturday course for Poole area students

There will be a special course on **Saturday 27th April** at the **Ashdown Leisure Centre,** Adastral Rd, Canford Heath. BH17 7RE**.**

This course will be aimed at learning the new kata for your next belt (tag) and is important if you wish to grade in July.

White belt to Green tag - 10.00am – 11.00am

Green belt & Above - 11.00am – 12.00pm

#### Saturday course for New Forest area students

There will be a special course on **Saturday 27th April** at **New Milton Health & Leisure centre (**Gore road, New Milton. BH25 6RR**).**

This course will be aimed at learning the new kata for your next belt (tag) and is important if you wish to grade in July.

White & Red belts - 2.00pm - 3.00pm

Yellow to Green tags - 3.00pm - 4.00pm

Green belt & Above - 4.00pm - 5.00pm

**CLUB ENQUIRIES -** collinrudkin@gmail.com

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